



# Mental Health Disorder

According to 2009 California Health Interview Survey data<sup>1</sup>, over 1.6 million Californians needed help for mental health problems. As of December 2012, 2,539 of the 18,907 individuals enrolled in the California Pre-Existing Condition Insurance Plan<sup>2</sup> (PCIP) received treatment for a mental health disorder.



- **One in seven PCIP subscribers received treatment for a mental health disorder.**
- **Over \$16.2 million in payments for mental health disorder related claims, with the majority of payments (58%) for pharmacy claims.**
- **The most common drugs prescribed were to treat depression, anxiety or pain.**
- **Major Depressive Disorders, Drug Dependence, Anxiety and Anorexia Nervosa were the most common diagnoses.**
- **Fifty-nine percent were female; forty-one percent were male.**
- **Subscribers ranged in age from 1 to 89 years old; the average age was 43.**

**Delays in development**, such as an expressive language disorder, was the most common mental health disorder among children under the age of 12.



**Bipolar disorder** was the most common diagnosis among teens (age 13-19) followed by Anorexia Nervosa.



**Major Depressive Disorder** was the most common diagnosis among adults (age 20 and older) followed by Drug Dependence.



1 UCLA Center for Health Policy Research, Health Policy Fact Sheet, *Half a Million Uninsured California Adults with Mental Health Needs Are Eligible for Health Coverage Expansions*, November 2012 <<http://healthpolicy.ucla.edu/publications/Documents/PDF/mentalhealthfsnov2012.pdf>>.

2 The PCIP is a health insurance program for Californians that have been previously denied health insurance coverage due to a pre-existing medical condition. The PCIP is funded by the U.S. Centers for Medicare & Medicaid Services, and authorized by the Affordable Care Act.